



Govt. College Seraj at Lambathach

Distt. Mandi H.P. 175048

(Affiliated to Sardar Patel University, Mandi)

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Reference Edu.GCSeraj-G-30/2024-

Dated: 11th November 2025

CRITERION 3- ICT FACILITIES

3.5. Sports Facilities

3.5.3 Adequate Sports Equipments

GC Seraj, Lambathach is well supported with **adequate sports equipment**, which helps promote **physical fitness, teamwork, and sportsmanship** among students. The college provides essential equipment for various sports such as **handball, table tennis, volleyball, cricket (bats and balls), badminton rackets, and athletics-related materials**. These facilities enable students to participate actively and regularly in both **indoor and outdoor games**, thereby encouraging a healthy lifestyle, discipline, and overall personality development.

Department of Physical Education And Sports Govt. Colleege SeraJ At Lambathach							
Detail Sports Articals In Stock 2024-25							
sr no.	Name of Article	Page no. of stock register	sports article already in stock	Purchase during session 2024-25	total article	no. of article damaged-consumed during partice	usable sports articles available for next session
1	Vollyball Post	Register-1 =12	1 No.		1 No.	0	1 No.
2	Discuss	Register-1 =18	1 No.		1 No.	01 No.	Nil
3	Shot Put	Register-1 =20	2 No.		2 No.	0	2 No.
4	Javelin	Register-1 =21	12 No.		12 No.	06 No.	6 No.
5	High Jump Post	Register-1 =22	1 No.		1 No.	0	1 No.
6	Kho-kho Pole Wooden	Register-1 =30	2 Set		2set	0	2 set
7	Badminton Pole	Register-1 =31	1 Set		1 set	0	1 set
8	Plastic Cone	Register-1 =37	54 No.		54 No.	0	54 No.
9	Vollyball Net	Register-1 =38	DR-1, 2 No.		2 No.	02 No.	Nil
10	Stop Watch	Register-1 =39	2 No.		2 No.	0	2 No.
11	T.T.Table	Register-1 =40	1 No.		1 No.	0	1 No.
12	T.T.Net	Register-1 =43	1 NO.		1 No.	1 No.	Nil
13	Weging Machine	Register-1 =46	1 No.		1 No.	0	1 No.
14	Corram Board With Stand	Register-1 =47	2 No.		2 No.	0	2 No.
15	Victory Stand	Register-1 =49	1 No.		1 No.	0	1 No.
16	Rope (plastic)	Register-1 =50	5.5 KG		5.5KG	0	5.5 kg
17	Chess Coins	Register-1 =55	1 PKT		1 PKT	1 No.	01 No.
18	Hand Ball	1	20 No.		20 No.	04 No.	16 No.
19	Volly Ball Net	4	5 No.		5 No.	0	05 No.
20	Badminton Racket	5	42 No.		42 No.	02 No.	40 No.
21	Shuttle Cock	6	17 box		17 box	02 box	15 box
22	Boxing Head Guard	7	2 No.		2 No.	0	02 No.
23	Boxing Gloves	8	10 pair		10 pair	0	10 pair
24	Basket Ball Pole	9	2 No.		2 No.	0	2 No.
25	Multi Gym	10	1 Set		1 Set	0	1 set
26	Rubber Flite	11	4 No.		4 No.	0	4 No.
27	Olympic Curi BA-4	12	01 No.		02 No.	0	02 No.
28	Viva Wight Plate	13	4		4	0	4
29	T.T. Table Stag	14	3 No.		3 No.	0	3 No.
30	Dumbell Rod	15	4 No.		4 No.	0	4 No.
31	Fiat Bench	15	1 No.		1 No.	0	1 No.
32	Kabbadi Mat	16	210 No.		210 No.	0	210 No.
33	Volly Ball Pole	17	2 set		2 set	0	2 set
34	Volly Ball Antina	19	2		2	0	2
35	Chess Mat	21	10 No.		10 No.	0	10 No.
36	T.T. Bat	23	16 No.		16 No.	02 No.	14 No.
37	Wrist Band	24	4 No.		4 No.	0	04 No.
38	Basket Ball	25	16 No.		16 No.	0	16 No.
39	Cricket Chest Guard	27	8 No.		8 No.	0	8 No.
40	Punching Bag	28	1 No.		1 No.	0	1 No.
41	Arm Guard	29	8 No.		8 No.	0	8 No.
42	Punching Pad	30	1 No.		1 No.	0	1 No.

43	Thigh Pad	31	4 No.	4 No.	0	4 No.
44	Cricket Bat	32	5 No.	5 No.	01 No.	04 No.
45	Cricket Stumps	33	1 set	1 set	0	1 set
46	Abdominal Guard	34	4 No.	4 No.	0	4 No.
47	Cricket Leg Guard	35	10 No.	10 No.	0	10 No.
48	Cricket Wicket Keeper Gloves	36	2 pair	2 pair	0	2 pair
49	Badminton Net	37	2 No.	2 No.	0	2 No.
50	Basket Ball	38	2 No.	2 No.	02 No.	Nil
51	Cricket Batting Gloves	39	10 No.	10 No.	0	10 No.
52	Cricket Mat	40	1 No.	1 No.	0	1 No.
53	Cricket Net	41	1 No.	1 No.	0	1 No.
54	Cricket Pitch Roller	42	1 No.	1 No.	0	1 No.
55	Tread Mill	43	2 No.	2 No.	0	2 No.
56	Shot Put	44	2 No.	2 No.	0	2 No.
57	Starting Block	45	1 No.	1 No.	0	1 No.
58	Javelin Bombo	46	20 No.	20 No.	0	20 No.
59	Bench Press	47	2 No.	2 No.	0	2 No.
60	Discuss Wooden	48	3 No.	3 No.	0	3 No.
61	Foot Pump	49	2 No.	2 No.	0	2 No.
62	Inclinde Bench	50	1 No.	1 No.	0	1 No.
63	Gym Belt	51	1 No.	1 No.	0	1 No.
64	PA System	52	1 No.	1 No.	0	1 No.
65	Speeker	53	1set	1set	0	1set
66	Cordloss Mike	54	2 No.	2 No.	0	2 No.
67	Mike Stand Big	54	2 No.	2 No.	0	2 No.
68	Mike (Simple Mouth PC)	54	2 No.	2 No.	0	2 No.
69	Sports Kit	55	40 No.	40 No.	0	40 No.
70	Hight Measuring Stand	56	1 No.	1 No.	0	1 No.
71	Badminton Pole	67	1 pair	1 pair	0	1 pair
72	T.T. Ball	68	2 box	2 box	2 box	Nil
73	Basket Ball Ring Net	70	1 pair	1 pair	1 pair	Nil
74	Dum Bell	77	1 set (20 kg)	1 set (20 kg)	0	1 set (20 kg)
75	Volley Ball	3	38 No.	38 No.	07 No.	31 No.
76	Mike Stand Small	54	2 No.	2 No.	0	2 No.
77	Flag Cotton	65	09 No.	09 No.	0	09 No.
78	Flag Hosting Rope	64	16 Mtr	16 Mtr	0	16 Mtr
79	Flag Hosting pole with Wheal	73	01 No.	01 No.	0	01 No.
80	Wooden Plates	66	05 No.	05 No.	0	5 No.
81	Measuring Tape	59	02 No.	02 No.	0	02 No.
82	High Jump Cross barr	57	01 No.	01 No.	0	01 No.

Certified that the above mentioned Sports Articles (Serial No. 1-82) have been physically checked by us and number of articles mentioned Serviceable/damaged/unserviceable has been found correct.

1. Prof. Kushal Singh Conventor
 2. Dr. Kamini Sharma member
 3. Rakesh Kumar member

Principal
 Govt. College Seraj
 Distt. Mandi (H.P.)


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